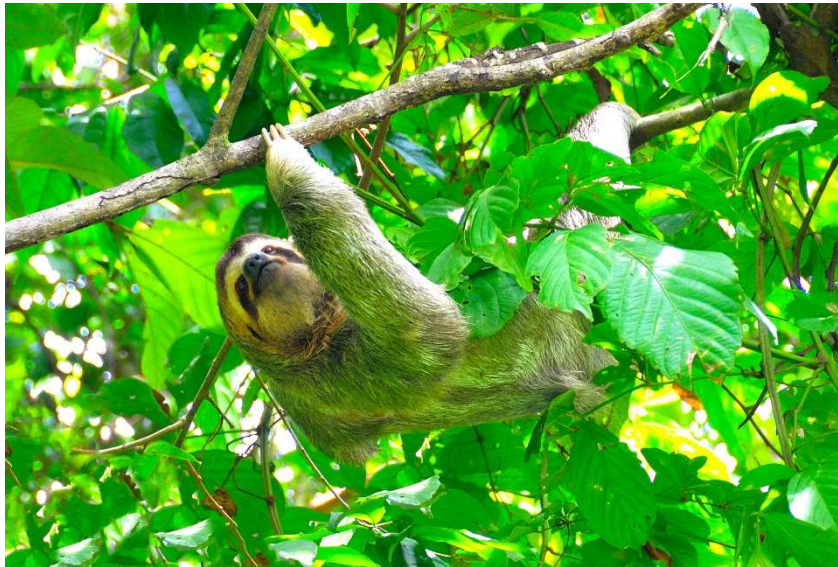




**STAR CLIPPERS**  
*Unique Sailing Adventures*



### **MANUEL ANTONIO NATIONAL PARK & BEACH BREAK (Quépos, Costa Rica)**

Duration: 04:30 approx.

Price per person: £ 85 GBP

With air-conditioned coach and local English-speaking guide

This excursion is one of the very best in the Central Pacific region of Costa Rica and a great opportunity to experience the rain forest up close.

Manuel Antonio National Park is a jewel amongst Costa Rica's National parks whose fragile ecosystem shelters a variety of wildlife including mammals and tropical birds.

The park protects 683 hectares of tropical rain forest and over a thousand different species of flora. Another major attraction are the white sand beaches next to the forest.

After twenty minutes' drive, you will arrive at the National Park, where you will enjoy a guided walk through the park (approx. 1.5 hours). Your guide will take you on a trek through the dense rainforest and tell you all about this unique environment, rich in biodiversity.

Before heading back to Quépos you will enjoy a tropical fruit buffet prepared by your naturalist guide and some free time at a beach (outside the national park area) to sunbathe or swim.

**This shore excursion can only be pre-booked and will not be available onboard.**

#### **Please note:**

- Manuel Antonio Park is one of the most visited attractions in Costa Rica so you can expect large numbers of people and queues to get in.
- Wildlife sightings are not guaranteed.
- This tour involves moderate walking on uphill and uneven surfaces, the trails are covered in gravel or dirt with some exposed roots.
- Guests are advised to wear hiking shoes (or shoes with a good grip) and to bring a hat, sunscreen, insect repellent, water, raincoat or poncho and a waterproof protection for camera and mobile.
- For the stop at the beach, guests are advised to bring a towel from the ship and wear a swimsuit under the clothes.
- Star Clippers is required to submit to the National Park full name, passport number, age and nationality of each visitor.