

**Bridgetown, Barbados – Soufriere, St Lucia – Tobago Cays,  
Saint Vincent & the Grenadines- Saint George’s, Grenada –  
Krakendijk, Bonaire – Willemstad, Curacao – Oranjestad,  
Aruba – Bahia Concha, Colombia - Cartagena de Indias,  
Colombia – Isla de San Bernardo, Colombia - San Blas,  
Panama - Balboa, Panama**

**All tours are offered with English speaking guides. The length of the tours or time spent on sites is given as an indication as it may vary depending on the road, weather, sea and traffic conditions and the group’s pace. Minimum number of participants indicated per coach or group.**

**The level of physical fitness required for our activities is given as a very general indication without any knowledge of our passenger’s individual abilities. Broadly speaking to enjoy activities such as hiking, biking, snorkelling, boating or other activities involving physical exertion, passengers should be fit and active. Passengers must judge for themselves whether they will be capable of participating in and above all enjoying such activities.**

**Please remember that islands in the Caribbean have a subtropical climate. Heavy rainfall may have a negative impact on roads and access to sites such as beaches. If this is the case excursions will be modified accordingly. Hiking paths may become muddy and slippery.**



**Excursions including snorkelling may have to be modified (change of location) or indeed cancelled without compensation if the organiser and/or captain of the boat judge that local conditions are not consistent with passenger safety.**

**All information concerning excursions is correct at the time of printing. However Star Clippers reserves the right to make changes, which will be relayed to passengers during the Cruise Director's onboard information sessions.**



### SOUFRIERE, SAINT LUCIA

A lush island of tropical beauty, St. Lucia is part of the Windward Islands. Its 238-square miles are covered with rain forests, banana plantations, palm-lined beaches, mountains and even a drive-in volcano. Like many of its neighbours, St Lucia was a hotly disputed territory, with Britain and France battling for possession. Indeed, the island changed hands no less than 14 times, earning it the nickname of “the Helen of the Caribbean”. The English eventually gained control until independence was granted in 1979. St. Lucia has also had its share of natural disasters, including several fires and hurricanes. Though tourism is now the island’s economic backbone, sugar cane was the primary industry from the 1800’s to 1960. Among St. Lucia’s most noted attractions are the Pitons, two volcanic cones rising up from the sea that have become a symbol of the island itself. Today, St Lucia offers its guests a wide range of natural charm with beautiful beaches, lush scenery, fishing villages unchanged by time and friendly Caribbean hospitality.

#### La Soufriere – Natural Attractions

By air-conditioned mini-van

Minimum 10 participants, maximum 80

Duration 3hours

Euros 44

This tour begins with a leisurely drive through the town of Soufriere, bypassing the town square and the Cathedral. Your journey will continue to the Sulphur Springs, known as the world’s only drive-in volcano. This historic site is the result of volcanic eruptions over 300,000 years ago. The sulphurous atmosphere is immediately apparent and sulphur water has been proved to have many medicinal properties, so don’t be afraid to breath deeply and inhale the sulphur laden air. The Botanical Gardens and Diamond Baths are very famous, and it is said that Josephine de Beauharnais, later the Empress Josephine, wife of Napoleon, bathed in the waters. Admire the tropical plants along the pathway and the magnificent waterfall before getting back on the bus.

After a short drive you will arrive at the Villa des Pitons Restaurant for complimentary drinks and enjoy local rum or fruit punch while relaxing on the verandah. Be sure to have your cameras at the ready, the view of the two majestic twin peaks soaring out of the sea at Soufrière Bay makes for a splendid photo opportunity. The tour ends with a short drive down to the jetty where your ship awaits.



**Hotwire Pitons Zip line Ride**

By air-conditioned mini-van

Minimum 12 participants, maximum 60

Duration 2h30

Euros 75

This unforgettable experience complements the popular Soufrière excursion and will enhance your enjoyment of the eco tour. The fun filled activity combines the adrenaline rush of zipping under the sheer Petit Piton, with breathtaking views of the historic town of Soufrière and the Caribbean Sea.

Depart ship and take a short drive through the rustic town of Soufriere up to the Hotwire Zipline Adventure Park at Morne Coubaril Estate in Soufriere. On arrival you are taken for a guided tour of this working plantation through a small village of huts made from sticks, modeled on those inhabited by the local population two hundred years ago. The surrounding gardens are well stocked with the plants and flowers indigenous to the island. Your guide will then lead you up the estate driveway to manioc house where you will learn how cassava bread is made.

The grandeur of estate house is next and offers great photo opportunities before you enjoy another live demonstration. You will learn about the process of de-husking a coconut and oven drying copra, before sampling some coconut water and jelly.

After enjoying the bay view from the point (do not forget to bring spare batteries for your camera), you will get the opportunity to taste a ripe cocoa bean at the cocoa and coffee house before seeing the process of fermentation and bean drying, and the cocoa dance used to polish the dried beans. The highlight of the tour is our mule driven sugar cane mill and the chance to enjoy some delicious fresh cane juice.

After the tour, you will be equipped with harness, helmet and gloves and be given a safety briefing and training demonstration before setting off on your zip line adventure. The first platform offers a panoramic view of the bay and the awe inspiring Pitons. While you whizz safely between giant Banyans, your experienced guides will provide a running commentary on the eco-system and the spectacular views provided by this zip line trail, built to US standards.

Eight zip cables move you effortlessly through the estate and you can take your own aerial photos of the Piton and town below, before being carried into a canopy of banyan, coconut, plum and mango trees and across a bamboo-shadowed gorge. The zip lines offer a total immersion in the natural environment.

After your Zip line Adventure you will be escorted to a typical local restaurant to enjoy some refreshment including juice made from fruit produced on the estate. Table settings are simple yet tasteful, and the chairs are all hand-made. The restaurant is surrounded by gingerbread cottages which house our gift shop and washroom facilities. You can purchase a limited offering of alcoholic drinks and sodas at our open-air bar, or choose from a selection of ice cream. Browse our shelves for tasty food products which are made right here on the estate; there is a myriad of locally manufactured goods on offer, so you are sure to find exactly the right souvenir to take back to the ship.

This excursion combines the adrenaline rush of zipping as well as a short sightseeing tour

This tour is not suitable for pregnant women, persons with heart or respiratory conditions and children under 8yrs old

Jeans or bermuda length shorts are recommended as well as sneakers or sandals (NO flip-flops), and shirts with short sleeves (NO sleeveless tops)

Helmet, hairnet and gloves are provided, participants will have to sign a waiver



**Morne Choval horse ride**

Transfer by van

Minimum 4 participants, maximum 8

Duration 2 hours

Euros 74

Depart the Soufriere dock for a drive through the town of Soufriere and up to Morne Coubaril Estate/Morne Choval Stables. Arrive Morne Coubaril Estate/Morne Choval Stables for your Horse Riding adventure.

After a short briefing, ride back in time through Morne Coubaril's botanical 18th Century plantation. View the replica Carib village and hilltop views of Petit Piton, Soufriere town and the Qualibou volcano. It's all about seeing, smelling and tasting.

After your Horse riding, you are escorted to a rustic restaurant for a refreshment. Depart Morne Coubaril Estate for your drive to the Soufriere docks and return to ship via tender.

Children must be minimum 10yrs old to participate to that tour

10 minutes drive from Soufriere to Morne Coubaril Estate

After a 20minutes briefing, you will start your Horse Ride adventure (Approx. 60 minutes)

A refreshment will be offered at the end of the tour

We recommend you to wear light, comfortable clothing and closed toe shoes – preferably with rubber soles. Long pants, jeans or ¾ pants.

**Soufriere Whistle stop & Tet Paul Nature trail**

Transfer by air-conditioned vehicle and then on foot

Duration 2 hours

Minimum 10 participants, maximum 32

Medium level activity tour

Euros 39

Set off from Soufrière Dock for a short drive through the town before going “Back to Nature” on the Tet Paul Trail.

The Tet Paul Nature Trail is a guided hike with knowledgeable and friendly island guides. As you follow the trail through some really spectacular scenery your guide will fill you in on the island's flora and fauna, folk remedies, local customs, history and island life, to make this not just a nature walk but a really interactive cultural experience.

The views all along the hike are out of this world and so it comes as no surprise to find that the trail features its very own “Stairway to Heaven”. Make sure you bring your camera because there are so very many wonderful photo opportunities. Breath-taking sights include the majestic Pitons, two mountainous volcanic rock formations, the far away Island of St Vincent, and the lush southern side of St Lucia including Jalousie Bay. You will also see Fond Gens Libre or valley of the Free, a safe haven during the slave revolt of 1748, Choiseul, Maria Island and the town of Vieux Fort.

At Kaye Cassav or Cassava House, as it's known in English, you will find out how the Amerindians cultivated and processed the root vegetable Cassava and you will even get a “hands on” practical experience.

Traditional House, set alongside the trail, will give you an insight into how the ancestors of today's St Lucians once lived. Local residents are dedicated to preserving their heritage and are always delighted to take visitors back in time and talk about their rich cultural history.

At the end of the trail there will be time to relax and enjoy some local refreshments and snacks before heading back to the Soufrière dock where the ship will be waiting.

The nature trail takes you through rain forest, uneven terrain, dirt tracks, narrow paths and in some areas up fairly steep slopes

As a rough guidance the trail is considered to be of easy to moderate difficulty depending on your own level of physical fitness

The Tet Paul Nature Trail hike can take about 45 minutes to complete depending on the group's pace, but you will want to take your time and not rush

There will be many stunning photo opportunities and beautiful views from various lookout points on the way.

The trail may be muddy if there has been some rain and inclines are moderate to steep

There is limited shade on this excursion so please bring sunscreen, a sun hat and insect repellent.

Guests should wear light, comfortable clothing and appropriate walking/hiking shoes.

A beverage and snack will be served at the end of the tour



## TOBAGO CAYS, SAINT VINCENT &amp; THE GRENADINES

Tobago Cays is comprised of four virtually deserted small islets within Horsehoe Reef. These islets are enormously appealing for those who love underwater exploration. Tobago Cays is a national park with some of the best snorkelling and diving in the world. Divers can glide over the dramatic natural architecture of Horsehoe Reef with its swirling shades of blue, gold, brown, turquoise and green shimmering beneath the surface. There are picnic and camp sites and beautiful protected anchorages for an overnight yacht stop.

**Discover the Southern Grenadines**

By Sailing catamaran

Minimum 20 participants, maximum 35

Duration 3 hours

Euros 69

Cruise through the crystal blue waters and sparkling white sand beaches of the Marine National Park of Tobago Cays. Our first stop is at the Horseshoe Reef for snorkeling and swimming then on to view the exclusive Palm Island Resort. This will be followed by a rum punch and swim stop at the sparkling white sand beach of Mayreau, Salt Whistle, one of the top 10 beaches in the Caribbean. Swim and snorkel as much as you want on this truly memorable tour. You will be back at the beach for the ship's barbecue (weather permitting)

Wear swimwear, suntan lotion, hat, comfortable footwear and light clothing.

Duration depends on sea's condition

Take your snorkeling equipment with you

The boats for this excursion come over from St Vincent and the crossing to Tobago Cays depends very much on conditions at sea. Consequently, the excursion may have to be cancelled in case of rough seas.

This tour is designed for experienced snorkelers.



## SAINT GEORGE'S, GRENADA

Grenada, "the spice island", has more spice per square mile than any other place in the world. The island is fragrant with cocoa, nutmeg, cloves, ginger and vanilla, to name but a few. Despite the abundance of such crops, Grenada is very diverse in its general make-up. The island is volcanic in origin and boasts lush mountains, rain forests, volcanic crater lakes, mangroves, beautiful beaches and delicate coral reefs. Grenada's history is similar to its neighbours. Columbus discovered it in 1498 and named it Conception. However, its lush green hills were so evocative of Andalusia that Spanish sailors, no doubt yearning for their homeland, changed the name to Granada. The French called it La Grenade, but it was the British who gave the island the name used to this day, "Grenada". The French and British battled for the island for almost 100 years before it was eventually ceded to the British in 1783. Grenada achieved independence in 1974. Several years later an attempt was made to establish a Communist state, which ended in the famed invasion of 1983. Although Grenada does cater heavily to tourism, there is a strong push to maintain the natural environment with one-sixth of the island's land devoted to parks and nature sanctuaries.

**Eco Trek at Bamboo Fall**

Transfer by van to the departure point of the walk

Duration 4 hours

Minimum 20 participants, maximum 60

Euros 47

This activity is physically challenging

This excursion is a must for all Nature lovers; it is a wonderful journey of discovery starting at St George's and following steep winding roads culminating at the rain forest peak, an amazing spot some 1900ft above sea level. This is Grand Etang Forest, a sanctuary and nature reserve located in the islands Central Mountain Range. Here lush vegetation, towering mahogany trees, ferns and colourful tropical flowers provide a vivid background to a wide cross section of bird and animal life.

If you enjoy trekking, then you will love the trail through the rainforest to reach Bamboo falls. The trek will take you over a private plantation where you will see nutmeg, cocoa, bananas, and many other vibrant tropical plants. It can be muddy and slippery, especially if it has rained recently, so please choose your foot wear accordingly.

Bamboo Falls is known as one of the most famous and beautiful of all Grenada's waterfalls and is certainly worth the 30 minute trek to get there.

Enjoy unspoilt nature at its finest and join us on this unforgettable Eco trek.

Fresh local organic orange juice will be available on your return to the Cruise Terminal.

Minimum age for participating in the excursion: 8 yrs old.

Please note that although the hike is not very difficult, Rain forest terrain is muddy and can be slippery. Sturdy hiking shoes or sports shoes are recommended. You must be physically fit to participate to that tour.

Don't forget to bring a bathing suit and towel if you want to go for a dip in the falls.

We recommend you bring a bottle of water for the hike.

Before arriving to the fall you will have to cross a river and have your feet up to the knees into the water.

Walking on possible muddy path is part of the challenge of this tour



**Nutmeg and Falls**

By air conditioned van or coach

Duration 4 hours

Minimum 20 participants, maximum 120

Euros 47

The west coast of Grenada boasts a number of distinctive features which are characteristic of the island: spices and cocoa at the Dougaldston Estate, nutmeg in Gouyave and in the tropical heights, waterfalls and of course plantations.

The excursion starts from St George's, taking the northern coast road along the Caribbean Sea. One tranquil fishing village follows another, and the beaches form an extended ribbon of coral and volcanic sand. Life goes on at a gentle laid back pace, typical of the Caribbean. However in Gouyave fishing is not the only source of income; this small town houses a hidden treasure, well protected by high walls: the Nutmeg cooperative plant.

A visit to the Nutmeg cooperative plant is like taking a step back in time some one hundred years. There are no machines or conveyor belts, the precious spice is processed first to last by the nimble fingers of the kind-hearted "mamas". Here women reign supreme, humble and conscientious, they are the Guardians of the Nutmeg tradition. Grenada's enviable position as the second exporter of nutmeg in the world is no doubt thanks to the tireless work of these women and others like them.

After Gouyave the next stop is the Dougaldston Estate, another piece of Grenada's history, founded in 1700. During your trip to this historic cocoa plantation you will discover the wonderful range of precious scents and spices to be found on the island.

Before returning to the ship, we will take a look at the Concord waterfalls and see the nutmeg and cocoa trees that flourish on the hillside, rivalling the tropical luxuriance of the nearby forest.

This Excursion can be organised in the opposite direction.

You will get the opportunity to swim at the waterfall site

Make sure you have proper shoes as the terrain may be slippery.

The drive from The Carenage (St George's) to the Dougaldston Estate will take 50 minutes.

You will visit both a Nutmeg Cooperative (40 mins) and, after a 20 minute drive, Concord Falls (45 minutes)

The drive from Concord Falls to St George's takes 50 minutes.

The "Mamas" or the workers at Dougaldston Estate work to a fixed timetable and so, depending on the time of your visit, you may not actually see them on the job.

Most of them start working very early in the morning and go back home early afternoon.





### Sea Riders

Shuttle bus to the marina

Minimum 6 participants (3 boats), maximum 14 (7 boats)

Duration 2h45

Euros 138 with one participant per boat

Euros 69 with 2 participants per boat

Get ready for some wet and wild fun when you explore the island on Sea Riders fast, two person inflatable motorboats. You will pilot your own boat on this exhilarating adventure that includes a stop with snorkeling. The Sea Riders base at St George lagoon is a short drive from the ship.

Upon arrival you will be welcomed by our friendly and enthusiastic team who will give you an information briefing on how to operate the boats, before you head off across the Caribbean side of Grenada. Follow your guide, passing large yachts in Port Louis Marina and inside the charming Carenage of St George's before entering the Caribbean Sea. After a trip alongside the picturesque and colourful coastline, you will stop at your snorkeling destination. Here you can choose to snorkel on submerged statues by sculptor Jason de Caires Taylor or swim prior to your return to the base and then on to the cruise ship terminal.

Sea Riders Boats accommodate up to two persons.

All drivers must be at least 18 years old.

Supplied safety vest must be worn at all times.

Wear a swimsuit and bring a towel and adequate sun protection.

Women who are pregnant may not participate on this tour.

Snorkeling equipment is included.

The minimum age required to participate is 14 years old.

The combined maximum weight limit on an E-Sea Rider Boat is 400 pounds.

### KRALENDIJK, BONAIRE

#### Mangrove Kayaking

Transfer by air conditioned vehicle to the Kayak base.

Minimum 6 participants, maximum 14

Duration 3 hours

Euros 63

The drive from the pier to the mangrove area, Lac Bay, takes 15 minutes.

This area is a designated National Park and visitors must be accompanied by a trained guide. Experience the tranquil beauty of the mangroves as you glide past bird habitats and fish spawning grounds. Your guide will enhance the tour with brief explanations on the interrelation between plants and animals, without in any way disturbing the peace of the mangroves with a running commentary.

The "Sit on Top" Ocean Kayaks with their adjustable back rests are quite comfortable and easy to maneuver through the shallow waters.

Refreshments in the form of juice, soda or water will be provided.

This activity is moderately challenging. Minimum age for participants is 10 years old. Maximum weight : 225 pounds.

Double kayaks will be used

No guests with heart conditions, asthma, walking disabilities, leg injuries, chest injuries and/or recovering from surgery should participate in this tour. Neither should pregnant women.

Please bring towel, sunscreen hat and t-shirt if sun sensitive.

Waterproof cameras are highly recommended

Please wear water resistant shoes

Participants must be able to swim

Before the tour starts, practical instructions on how to maneuver the kayaks will be given.

The kayak tour lasts 2 hours

Under normal circumstances the kayaks are extremely stable, however it is possible to tip them over.



**Fun cruise & snorkel**

Minimum 10 participants, maximum 20

Duration 3 hours

Euros 59

Make the most of your time on Bonaire by getting into the water and having FUN!

The Bonaire National Marine Park is well known for its legendary clear waters & abundant marine life. The tour includes full snorkeling gear, so you are sure to enjoy some close encounters with the park's colourful inhabitants. Our friendly and attentive crew will make you feel right at home on this spacious 46-foot cruiser built for group comfort & fun.

The helm area has a full hard-top shade that can seat plenty. Wide stairs lead out to a large deck filled with sun-pads or to the foredeck equipped with deck chairs.

Spread out, relax & enjoy!

Snorkel equipment and vests will be provided

Refreshments will be offered: rum punch, beer, soft drinks and water

Footwear is restricted to rubber soled shoes, sneakers or sandals

Guests with walking disabilities, leg injuries, chest injuries and/or recovering from surgery should not participate in this excursion.

While there is some shade on the boat, sunscreen, towels, hats and t-shirts are highly recommended

Participants **MUST KNOW HOW TO SWIM**

**Site snorkel - Double Dip Trip**

By boat

Minimum 10 participants, maximum 32

Duration 3 hours

Euros 52

Enjoy the fun and relaxed atmosphere on board the "Seacow", a local celebrity! We guarantee a mooving experience ! Bonaire's Marine Park has a worldwide reputation, and this trip offers 2 very different snorkel sites on Klein Bonaire. You will be guided through the wonders of the protected reef may even get to spot a sea turtle!

Aboard the partially shaded boat, you will receive your complete snorkel gear which includes snorkel equipment, mask, fins and snorkel vest. A safety briefing will be given as well as snorkeling instructions and you will be assigned a group and a guide.

Participants should be fit, no pregnant women

Bring protective sun lotion, towel, hat and t-shirts

Participants **MUST KNOW** how to swim

Previous snorkel experience not needed

Footwear limited to rubber soled shoes, sandals, and tennis shoes

The trip to the first snorkel site takes from 15 to 20 minutes depending on weather conditions

The boat is moored and the snorkel guide will lead guests into the water

Snorkeling time at each site is about 45 minutes



**Best of Bonaire**

By air-conditioned coach or van

Minimum 16 participants, maximum 60

Duration 2h15

Euros 44

Your trip begins with a leisurely drive to the South/East side of the island, through one of the best preserved mangrove areas in the Caribbean. Along the way, your guide will be on the lookout for Bonaire's most famous bird, the shy flamingo. With its deep pink-coral feathers and graceful leggy walk, this bird is especially beautiful in the wild. Donkeys and goats like to graze beside the country roads, so you will be able to take some great photos.

At Sorobon beach, you will make a short stop to view the beautiful bay where you can dip your feet in the warm turquoise coloured water. Enjoy a cool drink, refresh yourself, and then continue your trip to seek out some more flamingos!

Visit the Salt flats, home to the protected flamingo sanctuary. Here, your guide will explain how salt is produced today on Bonaire, and how it was mined by the slaves in the 19th century. At the Slave Huts, you will literally see and touch history as you enter the huts that served as shelters for the slaves working the salt pans.

On the drive back to the ship enjoy a breath-taking coastline view with pink coloured salt pans, and snow white salt mounds on one side and the aqua-blue Caribbean Sea on the other. It's a real live postcard!

Before arriving at the ship, you will have one last chance to see some flamingos at a salt pond.

**Bonaire Sailing tour**

By boat

Duration 3hrs

Minimum 6 participants, maximum 12

Euros 88

Get a taste of the High Life on our exclusive sailing tour. Sit back & let yourself be pampered while you enjoy a relaxed sail along the beautiful coast of Bonaire on board this unique 44ft sailing yacht.

Destination: a snorkeling paradise at the world famous Bonaire Marine Park. All snorkel equipment is available on board and your crew will help you gear up and get into the water.

Later, the Chef will treat you to delicious freshly made snacks and an open bar awaits your pleasure on this exclusive sailing trip.

Footwear restricted to rubber shoes, sneakers or sandals.

Guests with walking disabilities, leg injuries, chest injuries and/or recovering from surgery should not participate in this excursion.

While there is some shade on the boat, sunscreen, towels, hats and t-shirts are highly recommended

Participants MUST KNOW HOW TO SWIM



## WILLEMSTAD, CURACAO

**Curaçao Country Drive Tour**

By air-conditioned motor coach

Minimum 25 participants, maximum 60

Duration 3h30

Euros 46

This tour serves as a wonderful introduction to the beauties of Curaçao and its natural resources. You will leave the town behind you as you head out west. On the way to our first stop you will see several plantation estates and old labour houses. Your knowledgeable guide will be on hand to point out interesting sights and give you all the information you need.

The excursion continues to Boca's, one of the island's national parks. Here land and sea meet in the most dramatic and spectacular way, with wild waves thundering and crashing against the rocky coast; you will also get to see a small water cave. The power of the sea is truly awesome and the force of the unpredictable waves will take your breath away. At West Point there will be a short photo stop so that you can capture the beautiful view of the Caribbean Sea and the characteristic architecture of West Point church.

From here we drive to the Tula Museum located in a lovingly restored plantation house, with good views of the hills, the plantation estate and the Caribbean Sea. The museum guides will give you an insight into how people used to live on the island during slavery and after abolition.

The next photo stop is the most beautiful tropical beach on the island: Knip Beach, with its unforgettable azure blue sea and white beach. You will see a myriad of brightly coloured tropical fish swimming through the crystal waters. This is the perfect spot for taking your tropical vacation photos.

On the return journey we will stop at the Jan Kock Salt Lakes, where you may be lucky enough to see some Flamingos.

**Beach hop and turtle Snorkeling adventure**

Transfer by bus

Minimum 24 participants, maximum 36

Duration 4hours

Euros 59

Curaçao is known for its beautiful and exclusive beaches. Crystal clear blue waters and sweet, warm sea air will inspire you to explore the island's captivating shores. From the ship the drive will take you through the country side of the island to a natural beach at the most Western point of the island.

Here you will have a chance to get to know a part of the marine park of the island and possibly spot turtles at this particular spot. Together with your guide, you will discover the beauties of the Caribbean Sea. It is great fun to swim and to explore the amazing and stunning underwater world of Curaçao. This underwater Marine Park has so much to offer, like numerous multi-colored tropical fish and a very good chance to swim around some turtles that frequently visit this beach.

After a short drive we will bring you to Cas Abao Beach. Here you will be able to go swimming again or relax at your beach chair and enjoy a soft drink. Your snorkel guide will assist you and help you recognizing the beautiful fish that surrounds you.

After this fantastic snorkeling experience you will be transferred back to the ship.

Slight currents can occur, could be windy and sometimes there are waves.

Beach can be rocky (dead coral) which can make entering the sea a bit more difficult.

Transfers can either be in open beach bus or air conditioned coach

Shower, beach chair and drink included in stop at Cas Abao Beach, no facilities at Playa Grandi

50 minutes transfer to first beach (approx 45 minutes snorkeling), 15 minutes transfer to Cas Abao beach where you will stay approx. 1h30

Full face masks and life vests will be provided for the snorkeling . Fins are not allowed as their movement is scaring the turtles."



**Seaworld Explorer**

Transfer by van

Minimum 20 participants, maximum 34

Duration 1h30

Euros 38

The Seaworld Explorer is a state of the art air-conditioned semi-submarine originally used for research on Australia's Great Barrier Reef. The vessel remains above sea level at all times and accommodates its passengers comfortably in its hull, which sits 5 feet below the surface. Huge glass windows provide spectacular views of the many different varieties of corals and fish which Curacao is famous for. In fact, the fish come right up to your window, making it easy to snap that memorable photo.

Board the Seaworld Explorer semi-submarine and sit in air-conditioned comfort five feet below the surface of the water. View sealife through large windows, and enjoy the dramatic effect of passing over a wall that drops sharply several hundred feet. See tropical fish such as yellowtail snapper, sergeant majors, parrotfish and queen angelfish, as well as delicate colonies of coral. Watch through your private window as a diver is surrounded by hungry fish that he feeds by hand.

15 minutes transfer by van to the Seaworld Explorer basis

50 minutes on the semi-submarine

Seaworld Explorer is fully airconditioned and certified by the Dutch Shipping Inspector

Guests must be able to safely navigate 10 steps into and out of the Seaworld Explorer

**ORANJESTAD, ARUBA****Natural Wonders of Aruba**

By air-conditioned motor coach

Minimum 20 participants, maximum 50

Duration 3hours

Euros 48

Experience the beauties of Natural Aruba on a tour that takes you on a journey of discovery. You will first make the scenic trip to Aruba's number one ecological attraction, The Butterfly Farm. The farm is an unforgettable encounter with nature in all its diversity. Step into a tropical garden teeming with butterflies and prepare to meet some of the world's most colourful and unusual creatures.

From the Butterfly Farm you will journey to the Ayo Rock Formation where you can explore the natural gardens and walk amongst huge boulders.

Travelling on, you will pass countless Divi Divi trees and cactae before arriving at a natural bridge carved by the relentless pounding of the surf. You will also see the ruins of a much larger natural bridge which collapsed in 2005.

The excursion ends with the scenic drive to Oranjestad, the capital of Aruba.



**Atlantis Submarine Tour**

Minimum 20 participants, maximum 24

Duration approximately 1h45

Euros 94

The adventure begins with a short transfer to the submarine on board our shuttle vessel SubSeeker. The submarine is located just off the south east coast of Aruba, waiting to take you on a thrilling dive to the mysterious sunken airplane or the former Danish sail boat "Mi Dushi 1", as well as seeing "The Morgenste", a recently sunk coaster.

The submarine dives down to depths of 120 ft and offers close up views of exotic marine life: schools of brightly coloured tropical fish, huge sponge gardens and the enchanting beauty of the coral fields. Our professional crew will provide an informative and entertaining commentary throughout the tour.

The Atlantis Submarine Tour is a truly unique experience. A close encounter with the underwater world from the air-conditioned comfort of a US Coastguard approved submarine.

You must be able to negotiate a 12 step ladder into and out of the submarine

If the minimum number of participants for an exclusive departure is not reached, the tour may be organized with hotel guests to make up the numbers

Depending on the docking spot, there is a 3 to 10 minute walk to reach the SubSeeker.

The dive itself lasts 45 minutes

**4x4 Country Crossing**

by jeep

Minimum 14 participants, maximum 16

Duration 4h30

Euros 67

This is an Off-Road island adventure to Aruba's most exotic sites.

Travel in your 4x4 Land rover to Boca Catlina beach where you will spend some time swimming (30 to 45 minutes stop). After a refreshing swim, the tour continues with a visit to the California Lighthouse, located on the island's most North Western tip, the picturesque Alto Vista chapel, the Bushiribana Gold Mill Ruins, and a sea-chiseled lime stone bridge known as "Baby bridge" adjacent to the ruins of the famous Natural bridge which collapsed in 2005.

Vehicles are driven by professional driver-guides

Eight participants per vehicle

You will have to walk to the jeeps (5 to 10 minutes)

Refreshments & a snack will be offered during the tour

Bring your towel and wear a swim suit under your clothes



### Andicuri Off-Road Adventure

Duration 3h15

All transfers included

Minimum 5 vehicles, maximum 7

Going Solo (one person on a vehicle) €160

Thrills for Two (2 people on the vehicle) €80

Unleash the Indiana Jones that lies dormant within you and get behind the wheel of our unique UTV all-terrain vehicles. You are in the driving seat on this sensational off road safari exploring Aruba's rugged outback.

Each UTV can take a maximum of two passengers and your professional guide will lead you on a trail blazing drive showcasing the wild natural beauty of the Aruban landscape.

The vehicles will proceed in caravan formation, skirting along the rocky coastline with stops at places of interest along the way. You will get to see Andacuri, and the Alto Vista Chapel, also known as the Pilgrim's church, the birthplace of Catholicism on the island over 250 years ago. You will also visit the ruined gold mill which bears witness to the history of gold prospecting in Aruba; adventurers started searching for gold on the island in the 1400's but the first gold was only actually found in 1824 after centuries of back breaking toil and shattered hopes. Of course no tour would be complete without a stop at one of Aruba's most iconic landmarks, the California lighthouse; this 30m guardian of the Aruban coastline bears the name of the vessel SS California which was wrecked there in 1891 and offers spectacular panoramic views.

An UTV off-road vehicle is the most exciting way of exploring the island "off the beaten track", but visitors must expect to pick up dust on the way as you will be driving in caravan

The UTVs used for this tour are automatics

We recommend you wear a scarf or bandana to cover your nose and mouth, bring along sunglasses or goggles, a cap and of course your driving license.

Minimum age to participate in this excursion is 12

Minimum age to drive a UTV vehicle is 25

Drivers must present a valid license.

Snack and a bottle of water included

### PLAYA CONCHA, COLOMBIA

Playa Concha is part of the Tayrona National Natural Park which grips the Caribbean coast in a jungly bear hug at the foot of the Sierra Nevada de Santa Marta. The park stretches along the coast from the Bahía de Taganga near Santa Marta to the mouth of the Río Piedras, 35km to the east, and covers some 12,000 hectares of land and 3000 hectares of sea.

The scenery varies from sandy beaches along the coast in the north to rainforest at an altitude of 900m on the southern limits of the park. The extreme western part is arid, with light-brown hills and xerophytic plant species such as cacti. The central and eastern parts of the park are wetter and more verdant, largely covered by rainforest. At least 56 endangered species call the park home, but most stay out of sight, deep within the forest.

The region was once the territory of the Tayrona people, and some archeological remains have been found in the park. The park's biggest attraction is its gorgeous beaches, which are set in deep bays, backed by mountains and shaded by coconut palms.

The white sandy beaches, crystal clear water, clean and calm waters of Bahia Concha, are a prime location for snorkeling with a beautiful coral reef and shoals of colourful tropical fish darting about.



## CARTAGENA, COLOMBIA

**Cartagena, Old Town Discovery tour**

By air-conditioned vehicles and on foot

Minimum 20 participants, no maximum

Duration 3h30

Euros 46

Cartagena is a UNESCO World Heritage site. Located on the north coast of Colombia, Cartagena boasts a spectacular assortment of buildings and massive fortifications dating from the early 1600s. The fortresses were built to protect Cartagena from pirates.

The air-conditioned buses leave the port and pass through the traditional district of Manga so you can admire the beautiful houses dating from the Republican era. The walking tour starts at Santiago's Bastion. You will go down the ramp to San Juan de Dios Street, with its fine colonial architecture and end up at San Pedro Claver's Plaza. Here your guide will tell you about San Pedro Claver church (inside view) and convent and the Jesuit priest for whom they are named. Peter Claver dedicated his whole life to helping and caring for the wretched slaves who arrived in Cartagena; he became an extraordinary moral force in the town, preaching in the city squares and establishing missions for sailors and traders. He was canonized in 1888 by Pope Leo XIII.

The tour continues down towards Custom Plaza, which was the hub of commercial activity during the colonial era, and then on to Plaza de la Proclamacion to admire the Cathedral (outside view). You will also see the Governor's building, headquarters of the Spanish government in colonial days, and listen to a talk on Independence (outside view). You will get the opportunity of visiting the Navy Museum which houses permanent exhibitions relating to the military naval history of Cartagena de Indias. The west wing "the colonial wing" constructed during the 1st part of the 17th century. It served as the 1st school in the Americas for the society of Jesuits and then as a hospital. The eastern wing "the republican wing" was constructed in the early 1900's and quartered the 1st battalion of the newly created Colombia Marines.

The next stop is the Plaza de Bolivar where you can see the statue of Simon Bolivar, the renowned military leader and political visionary who played a key role in securing independence from Spain, as well as the infamous Inquisition Palace.(outside)

Admire the magnificent colonial mansions as we stroll back to the tour bus at Santiago's Bastion. The walking part of the tour is now over but the excursion continues by coach to Las Bovedas. This complex of 47 arcades and 23 vaults was the last fortification built in Cartagena by the military engineer Don Antonio de Arevalo. During the colonial era it was used as barracks for the troops and to store military provisions; later on it served as a jail house. Nowadays, the cells have been converted into boutiques selling a wonderful array of Colombian merchandise and artifacts, so you will be able to do some souvenir shopping.

The excursion ends with a short sightseeing drive through Boca Grande.

On the way back to the pier, there will be a brief stop at the San Felipe de Barajas fort to admire the panoramic view .(photo stop)

Shops are normally closed on Sundays although they may open when a ship is in port. The stop at Las Bovedas depends on whether the shops are open.

This tour is not recommended if you have walking difficulties (the tour involves 1h30 visiting the town on foot.)

Inside visits : San Pedro Claver church and the Navy museum.

Comfortable shoes, hat and sun screen are all highly recommended.





### SAN BERNARDO ISLANDS, COLOMBIA

#### The Ultimate in Escapism

Channel your inner Robinson Crusoe and discover the San Bernardo Islands.

This archipelago is made up of ten little islands 80 km south of Cartagena and only accessible by boat. Tiny fragments of paradise, lost in the Caribbean Sea, complete with white sandy beaches and clear, calm turquoise waters. The islands are part of the Rosario and San Bernardo National Nature Park so this picture perfect environment is protected; you can expect to see flourishing marine life, mangroves, tropical flora and maybe spot some pelicans and pink flamingos. The islands are definitely off the beaten track and there are not many visitors. The inhabitants enjoy a traditional way of life based around fishing and the community and are friendly and welcoming towards the few tourists that come their way.

### SAN BLAS, PANAMA

The remote coral atolls of the San Blas islands are like a string of exquisite pearls strung round the throat of Panama's wildly beautiful Kuna Yala Coast. The islands are the ancestral home of the indigenous Kuna People. The Kuna are proud and self-reliant; they prize their independence which was won with the help of the US in 1952. Their traditional culture is communal and egalitarian with a rich oral history and artistic heritage, expressed through poetic storytelling and the intricate appliquéd Mola designs worn by the Kuna womenfolk.

### PANAMA CANAL – BALBOA

The Panama Canal is a major shipping route that traverses the Isthmus of Panama in Central America, connecting the Atlantic and Pacific Oceans. The site is steeped in history and visitors will be amazed at the natural beauty of the place as well as marveling at what human ingenuity can achieve. From the days of Balboa to Teddy Roosevelt, the conquering of the Isthmus has fired the imagination of explorers, presidents and engineers. As Star Flyer rises through Gatun locks into the placid reaches of tree-fringed Gatun Lake, and proceeds along Gaillard Cut to emerge into the broad Pacific Ocean, one can only wonder at the courage, resourcefulness and endurance of those visionary builders from long ago.

The Panama Canal goes from Cristobal (Atlantic side), in the bay of Limon to Balboa (Pacific side) in the Gulf of Panama. It is approximately 80 km long; its minimum width is 91 m. Three locks lift the ships 26m above sea level to Lake Gatun and lower them down again.

#### Miraflores locks visit

By air-conditioned motor coach

Minimum 10 participants, no maximum

Duration 3 hours

Euros 60

This excursion ends at the airport

Don't miss this opportunity to visit one of the greatest wonders created by man: the Panama Canal and the workings of the Miraflores Lock. You will see seafaring vessels from all over the world making their way to the lock and will have access to the Visitor's Centre. The Visitor's centre includes a collection of historical objects, a model of the Panama Canal, interactive modules, video footage and a movie theatre where you can enjoy a brief but informative presentation of the Canal's history. After the visit it will be time for your transfer to Panama International Airport.

You will be at the airport at approx. 12.30pm, passengers with flights before 3.30pm should not take part in the tour.

Please note that the actual sighting of vessels in the lock chambers depends entirely on canal scheduling.

